## Parkinson's UK Bromley and District Branch

Calendar of Events – September to December 2024

	Date			Vanua
Month	Date	Time	Event	Venue
	Thursday 5 <sup>th</sup>	10.30-12.30	Orpington Pop in Cafe	Orpington Baptist Church
			(Entrance to café in The Drive)	Station Road, BR6 ORZ
	Monday 2 <sup>nd</sup> , 16 <sup>th</sup>	16.00-17.00	PD Champion	St George's Church Hall
				Bickley Park Road, BR1 2BE
	Tuesday 2rd 47th	12 20 14 20	Non contact having class	
	•	13.30-14.30	Non-contact boxing class	Chantry Studios, Chantry Lane BR2 9QL
CEDTEM ADED	• •	17.30-18.30		
SEPTEMBER	Thursday 5 <sup>th</sup> , 19 <sup>th</sup>	14.30-15.30	Move to the Beat	Azelia Hall, 258 Croydon Road, BR3 6DA
	Friday 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th,</sup> 27 <sup>th</sup>	11 20 12 20	Tai Chi	Charter Studies Charter Land DD2 001
	6, 13, 20, 27	11.30-12.30	Tai Chi	Chantry Studios, Chantry Lane BR2 9QL
	Manday	14 20 45 20	Vacal Chanda	Applie Hell 200 Crowder Board BB2 CDA
	Monday	14.30-15.30	Vocal Chords	Azelia Hall, 258 Croydon Road, BR3 6DA
	9 <sup>th</sup> , 23 <sup>rd</sup>	1 4 20 46 20		
	Thursday	14.30-16.30	Short Mat Bowls	St. John's Church
	Call all anth	14.00.46.00	(No bowls sessions in September)	· ·
	Saturday 14 <sup>th</sup>	14.00-16.00	Monthly Branch Meeting	St George's Church Hall
			Talk- Dr.Lucia Batzu, King's College Hospital	Bickley Park Road, BR1 2BE
	Thomadao	15 00 16 00	Francisco de se	Heitad Bafama Chumb
	Thursday 26 <sup>th</sup>	15.00-16.00	Exercise class	United Reform Church
		1 1 20 16 20		20 Widmore Road, BR1 1RY
	Friday 20 <sup>th</sup>	14.30-16.30	Informal get-together	The New Inn, Station Approach, Hayes
8.0				BR2 7EA
Month				
	Thursday 10 <sup>th</sup>	10.30-12.30	Orpington Pop In Cafe	Orpington Baptist Church
	(NB.Change from usual date)		(Entrance to café in The Drive)	Station Road, BR6 ORZ
	Monday	16.00-17.00	PD Champion	St George's Church Hall
	7 <sup>th</sup> , 21 <sup>st</sup>			Bickley Park Road, BR1 2BE
	Tuesday 8 <sup>th</sup> , 22 <sup>nd</sup>		Non-contact boxing class	Chantry Studios, Chantry Lane BR2 9QL
	Monday 14 <sup>th</sup> , 28 <sup>th</sup>	17.30-18.30		
	Thursday 3 <sup>rd</sup> , 17 <sup>th</sup>	14.30-15.30	Move to the Beat	Azelia Hall, 258 Croydon Road, BR3 6DA
OCTOBER	Friday	11.30-12.30	Tai Chi	Chantry Studios, Chantry Lane BR2 9QL
	4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th,</sup> 25 <sup>th</sup>			
	Thursday 10 <sup>th</sup> ,24 <sup>th</sup>	15.00-16.00	Exercise class	United Reform Church
	Monday	14.30-15.30	Vocal Chords	Azelia Hall, 258 Croydon Road, BR3 6DA
	14 <sup>th</sup> , 28 <sup>th</sup>			
	Thursday	14.30-16.30	Short Mat Bowls	St. John's Church
				Eden Park Avenue, BR3 3JN
	10 <sup>th</sup> , 24 <sup>th</sup>			
	10 <sup>th</sup> , 24 <sup>th</sup> Saturday 12 <sup>th</sup>	14.00-16.00	Monthly Branch Meeting	St George's Church Hall
		14.00-16.00	Monthly Branch Meeting Grandparents' Day Celebration	
	Saturday 12 <sup>th</sup>		Grandparents' Day Celebration	St George's Church Hall Bickley Park Road, BR1 2BE
	Saturday 12 <sup>th</sup>	14.00-16.00 14.30-16.30		St George's Church Hall Bickley Park Road, BR1 2BE The Chequers, Southborough Lane,
	Saturday 12 <sup>th</sup>		Grandparents' Day Celebration	St George's Church Hall Bickley Park Road, BR1 2BE

## Parkinson's UK Bromley and District Branch Calendar of Events – September to December 2024

Month Date Time Event	Venue
Thursday 7 <sup>th</sup> 10.30-12.30 Orpington Pop In	Orpington Baptist Church
(Entrance to café in The Drive)	Station Road, BR6 ORZ
Monday 16.00-17.00 PD Champion 4 <sup>th</sup> , 18 <sup>th</sup>	St George's Church Hall
Tuesday 5 <sup>th</sup> , 19 <sup>th</sup> 13.30-14.30 Non-contact boxing class	Bickley Park Road, BR1 2BE Chantry Studios, Chantry Lane BR2 9QL
Monday 11 <sup>th</sup> , 25 <sup>th</sup> 17.30-18.30	Chantry Studios, Chantry Edite 512 542
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Thursday 7 <sup>th</sup> , 21 <sup>st</sup> 14.30-15.30 Move to the Beat	Azelia Hall, 258 Croydon Road, BR3 6DA
Friday 11.30-12.30 Tai Chi	Chantry Studios, Chantry Lane BR2 9QL
1 <sup>st,</sup> 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup>	
NOVEMBER Monday 11 <sup>th</sup> 25 <sup>th</sup> 14.30-15.30 Vocal Chords	Azelia Hall, 258 Croydon Road, BR3 6DA
The relative of 15 00 16 00. Eventing along	the transfer of the control of the c
Thursday 15.00-16.00 Exercise class	United Reform Church
14 <sup>th</sup> , 28 <sup>th</sup>	20 Widmore Road, BR1 1RY
Thursday 14.30-16.30 Short Mat Bowls	St. John's Church
14 <sup>th</sup> , 28 <sup>th</sup>	Eden Park Avenue, BR3 6JN
Saturday 9 <sup>th</sup> 14.00-16.00 Monthly Branch Meeting	St George's Church Hall
Talk - Bromley MyTime	Bickley Park Road, BR1 2BE
Thursday 21st 10.30-12.30 Informal get together	Bull's Head, Chislehurst, BR7 6NR
Month Date Time Event	Venue
Thursday 5 <sup>th</sup> 10.30-12.30 Orpington Pop In	Orpington Baptist Church
(Entrance to café in The Drive)	Station Road, BR6 ORZ
Monday 16.00-17.00 PD Champion	St George's Church Hall
2 <sup>nd</sup> , 16 <sup>th</sup>	Bickley Park Road, BR1 2BE
Tuesday 3 <sup>rd</sup> , 17 <sup>th</sup> 13.30-14.30 Non-contact boxing class	Chantry Studios, Chantry Lane BR2 9QL
Monday 9 <sup>th</sup> 17.30-18.30	
Thursday 5 <sup>th</sup> , 19 <sup>th</sup> 14.30-15.30 Move to the Beat	Azelia Hall, 258 Croydon Road, BR3 6DA
5-1-1-1 11 20 12 20 Toi Chi	St. 1. St. Par Character Land BB3 001
Friday 11.30-12.30 Tai Chi 6 <sup>th</sup> , 13 <sup>thh</sup>	Chantry Studios, Chantry Lane BR2 9QL
<b>DECEMBER</b> Monday 9 <sup>th</sup> 14.30-15.30 Vocal Chords	Azelia Hall, 258 Croydon Road, BR3 6DA
Thursday 15.00-16.00 Exercise class	United Reform Church
12 <sup>th</sup>	20 Widmore Road, BR1 1RY
Setunday 14th 13 00 15 00 Branch Christmas Lunch	The New Inc. Station Approach House
Saturday 14 <sup>th</sup> 12.00-15.00 Branch Christmas Lunch	The New Inn, Station Approach, Hayes BR2 7EA